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EXTRAORDINARY Fall Activity Schedule 2021- 2022

Armadale - Armadale Community Centre

Rouge River - Rouge River Community Centre

Day	Program	Time	Venue	Convener	Convener e-mail address	Start Date	Space Capacity	End Date
Monday	Wellness & Muscle Exercise	09:30 am - 11:30 am	Armadale - Gym	Kin Ming C.	mondaymotm9@gmail.com	Jan. 31	35	
	Classical Guitar	09:30am - 12:00n	Armadale - Multi-purpose Room	Chi Ho Wu	guitar.motm@gmail.com	Jan. 31	13	
	Table Tennis	12:00 pm – 4:00 pm	Armadale - Denison Room	Paul P.		Jan. 31	12	
	Karaoke	1:00 pm - 4:00 pm	Armadale - Multi-purpose Room	Grace J.		Jan. 31	13	
	Ballroom Practice	2:00 pm - 4:00 pm	Rouge River - Auditorium	Jim Y.	hpyeam@gmail.com	Jan. 31	22	
Tuesday	Table Tennis	10:00 am – 4:00 pm	Armadale - Denison Room	Paul P.		Feb. 1	12	
	Chinese Cultural Dance Practice	09:30 am - 10:45 am	Rouge River - Auditorium	Mei C.		Feb. 1	22	
	Ballroom Practice	12:30 pm - 2:30 pm	Rouge River - Auditorium	Agnes L.	Agnesysleung.motm@gmail.com	Feb. 1	22	
Wednesday	ACC Wellness Exercise	9:30 am – 11:00 am	Armadale - Gym	C. S. Cheung	motmwednesdaywellness@gmail.com	Feb. 2	35	
	Table Tennis	12:00 pm – 4:00 pm	Armadale - Denison Room	Paul P.		Feb. 2	12	
	Badminton	12:00 n - 1:45 pm	Armadale - Gym	Tom P.		Feb. 2	40	
	Pickleball	1:45 pm - 3:30 pm	Armadale - Gym	William L.	motm-pickleball@hotmail.com	Feb. 2	40	
	Ballroom Practice	2:00 pm - 4:00 pm	Rouge River - Auditorium	Jim Y.	hpyeam@gmail.com	Feb. 2	22	
Thursday	Arts & Crafts	1:30 pm - 4:00 pm	Armadale - Multi-purpose Room	Theresa F.		Feb. 3	13	
	Table Tennis	12:00 pm – 4:00 pm	Armadale - Denison Room	Paul P.		Feb. 3	12	
	Chinese Cultural Dance Practice	09:30 am - 10:45 am	Rouge River - Auditorium	Mei C.		Feb. 3	22	
	Ballroom Instructional	11:00 am - 2:00 pm	Rouge River - Auditorium	Philip W.	MotmBallroomClass@gmail.com	Feb. 3	22	
Friday	Tai Chi Sword & Tai Chi Quan 42	9:30 am – 10:45 am	Armadale - Gym	KY C.	tcswordsgroup@gmail.com	Feb. 4	35	
	Table Tennis	10:00 am – 12:30 pm	Armadale - Denison Room	Paul P.		Feb. 4	12	
	Karaoke	1:30 pm - 4:00 pm	Armadale - Denison Room	Grace J.		Feb. 4	23	
	Pickleball	2:00 pm - 3:45 pm	Armadale - Gym	William L.	motm-pickleball@hotmail.com	Feb. 4	40	
	Ballroom Practice	2:00 pm - 4:00 pm	Rouge River - Auditorium	Jim Y.	hpyeam@gmail.com	Feb. 4	22	

Final Updated 2022/01/24

- REMARKS:**
1. Members interested in joining an activity are strongly advised to contact the Activity Convener before showing up for exercise.
 2. Members must show 2019-2020 membership card to participate the activity.
 3. Members must show full vaccination proof for entering into venue.
 4. All members MUST follow restriction rules set out by the Community Center. (i.e. face mask, social distancing etc.)
 5. End Date of all the activities will be announced later.

NEW

2022/01