



MOTM Schedule September 3rd, 2019 to June 30th, 2020

MMCC - Milliken Mills Community Centre
Rouge River - Rouge River Community Centre

Armadale - Armadale Community Centre
Aaniin - Aaniin Community Centre

Day	Program	Time	Location	Instructor	Contact (2)	Start Date	End Date
Sunday	Table Tennis	7:45 am – 10 am	MMCC – North Hall		Paul P.	Sep. 8	June 14
	Ballroom Dance Practice (€)	10:30 am – 12 pm	MMCC – South Hall		Chi Ho W.	Sep. 8	June 14
	Line Dance Practice + (€)	12 pm – 1:30 pm	MMCC – South Hall		Ivy A.	Sep. 8	June 14
	Line Dance - Beginner (€)	1:30 pm – 3 pm	MMCC – South Hall		Ivy A.	Sep. 8	June 14
Monday	Health / Wellness Exercise (€)	9 am – 12 pm	MMCC – Full Hall (1)		Randolph P.	Sep. 9	June 15
	Yoga Class (*)	10 am - 11 am	MMCC – Room A & B		Cement L.	Sep. 9	June 15
	Karaoke (€)	12:30 pm – 4:30 pm	MMCC – South Hall		Grace J.	Sep. 9	June 15
	Table Tennis (€)	11:15 am – 4:30 pm (5)	MMCC – North Hall		Paul P.	Sep. 9	June 15
	Line Dance Practice + (€)	1 pm – 2:30 pm	Armadale – Room C & D		Eliza L.	Oct. 7	June 15
	Tai Chi Practice and Fan (€)	2:30 pm – 4 pm	Armadale – Room C & D	Tony C.	Antony C.	Oct. 7	June 15
	Bridge and Board Games (*)	1 pm – 4:30 pm	MMCC – Room A		Ting W.	Sep. 9	June 15
	Folk Song (*)	1 pm – 2:30 pm	MMCC – Room B		Alan L.	Sep. 9	June 15
Ballroom Practice	1 pm – 4 pm	Rouge River – Auditorium		Jim Y.	Sep. 9	June 15	
Tuesday	Body Stretching Exercise	9:30 am – 11 am	Aaniin – Gym 1 & 2		Alan L.	Sep. 3	June 30
	Fitness Dance	9:15 am – 11 am	MMCC – Full Hall		Philip W.	Sep. 3	June 16
	Line Dance Practice +	11 am – 12 pm	MMCC – South Hall		Ivy A.	Sep. 3	June 16
	Ballroom Dance Practice	12 pm - 2 pm	MMCC – South Hall		Agnes L.	Sep. 3	June 16
	Ballroom Dance Workshop	2 pm - 3 pm	MMCC – South Hall		Philip W.	Sep. 3	June 16
	Chinese Calligraphy (*)	10:30 am – 12:30 pm	MMCC – Room A & B	Peter Y. / Yung	KY C.	Sep. 3	June 16
	Table Tennis	11:15 – 4:30 pm	MMCC – North Hall		Paul P.	Sep. 3	June 16
	Erhu Practice (*)	9:30 am – 11:30 am	MMCC – Dance Studio		George W.	Sep. 3	June 16
	Harmonica Lesson (*)	1 pm – 3 pm	MMCC – Dance Studio		Alan L.	Sep. 3	June 16
	Folk Song (*)	3 pm – 4:30 pm	MMCC – Dance Studio		Alan L.	Sep. 3	June 16
	Badminton	2:15 pm – 3:30 pm	Armadale – Full Gym		Antony C.	Sep. 3	June 16
Wednesday	ACC Wellness Exercise	9:30am – 11 am	Aaniin – Gym 1 & 2		C. S. Cheung	Sep. 4	June 24
	Tai Chi - Yang's Style	9 am – 10:45 am	MMCC – Full Hall (6)	William K.	Theresa F.	Sep. 4	June 17
	Line Dance Lesson – Level 1	11 am – 12:30 pm	MMCC – Full Hall (6)	Jenny H.	Ivy A.	Sep. 4	June 17
	Line Dance Lesson - Level 2	12:30 pm – 2 pm	MMCC – South Hall	Angie M.	Ivy A.	Sep. 4	June 17
	Table Tennis (#)	12:45 pm – 4:30 pm	MMCC – North Hall		Paul P.	Sep. 4	June 17
	Ballroom Dancing	2:30 pm – 4 pm	MMCC – South Hall		Jim Y.	Sep. 4	June 17
	Arts & Crafts (*)	1:45 pm – 4 pm	MMCC – Room A	Pearl K.	Theresa F.	Sep. 4	June 17
	Board Activity (*)	2 pm – 4 pm	MMCC – Room B		KY C.	Sep. 4	June 17
	Lawn Bowling Practice	10 am – 12 pm	MMCC – Soccer Dome		Kerry C.	Sep. 4	June 17
Classical Guitar Foundation	2:30 pm -3:30 pm	Armadale – Meeting Room		Chi Ho W.	Oct. 2	June 17	
Thursday	Body Stretching Exercise	9:30am – 11 am	Aaniin – Gym 1 & 2		Alan L.	Sep. 5	June 25
	Fitness Dance	9:15 am – 11 am	MMCC – Full Hall		Philip W.	Sep. 5	June 18
	Ballroom Dance Instructional Level 1	11 am – 12:15 pm	MMCC – South Hall		Peter C.	Sep. 5	June 18
	Ballroom Dance Instructional Level 2	12:15 am – 1:30 pm	MMCC – South Hall		Philip W.	Sep. 5	June 18
	Zumba	1:30 pm – 2:45 pm	MMCC – South Hall	Stanley C.	Jim Y.	Sep. 5	June 18
	Sing Along	3 pm – 4:30 pm	MMCC – South Hall		Alan L.	Sep. 5	June 18
	Healthy Chinese Cooking	10:30 am – 12:30 pm	MMCC – Kitchen	Ken L.	Kin Ming C.	Oct. 3 (7)	June 18
	Chinese Painting Study Class (*)	11 am -12 pm	MMCC – Room A		Alex A.	Sep. 5	June 18
	Lawn Bowling	10 am – 12 pm	MMCC – Soccer Dome		Kerry C.	Sep. 5	June 18
	Table Tennis	11:15 am – 4:30 pm (5)	MMCC – North Hall		Paul P.	Sep. 5	June 18
	Chinese Cultural Dance Practice (*)	12:15 pm – 2:30 pm	MMCC – Dance Studio		Mei C.	Sep. 5	June 18
	Erhu Practice (*)	2:45 pm – 4:30 pm	MMCC – Dance Studio		George W.	Sep. 5	June 18
	Bridge and Board Games (*)	1 pm – 4:30 pm	MMCC – Room A		Ting W.	Sep. 5	June 18
Harmonica Practice (*)	1 pm – 2:30 pm	MMCC – Room B		Alan L.	Sep. 5	June 18	
Pickleball	10 am – 11:45 am	Armadale – Full Gym		William L.	Sep. 5	June 18	
Badminton	2:15 pm – 3:30 pm	Armadale – Full Gym		Antony C.	Sep. 5	June 18	
Friday	Health / Wellness Exercise (€)	9 am – 12 pm	MMCC – Full Hall (1)		Randolph P.	Sep. 6	June 19
	Karaoke (€)	12:30 pm – 4:30 pm	MMCC – South Hall		Grace J.	Sep. 6	June 19
	Table Tennis	11:15 am – 4:30 pm	MMCC – North Hall		Paul P.	Sep. 6	June 19
	Knitting Workshop (*)	10 am – 12 pm	MMCC – Dance Studio		Cement L.	Sep. 6	June 19
	Music Ensemble (*)	1:30 pm – 4 pm	MMCC – Dance Studio		George W.	Sep. 6	June 19
	Tai Chi Sword & Tai Chi Quan 42 Styles	9:30 am – 11:30 am	Aaniin-GYM 3 + Older adult Room (4)	Sam T. / Tong	KY C.	Sep. 6	June 26
	Pickleball	2:15 pm - 3:15 pm	Armadale – Full Gym		William L.	Sep. 6	June 19
	Ballroom Practice (#)	1 pm – 4 pm	Rouge River – Auditorium		Jim Y.	Sep. 6	June 19
	Ballroom Dance Practice (3) (€)	8 pm – 10 pm	MMCC – South Hall		Eliza L.	Sep. 6	June 19
Class Cancellation Dates							
Sunday	Dec. 29 / 2019 & Jan. 5, Mar. 22 / 2020			Wednesday	Dec. 25 / 2019 & Jan. 1, Mar. 18 / 2020		
Monday	Oct. 14, Dec. 23 & 30 / 2019 & Feb. 17, Mar. 16, Apr. 13, May 18 / 2020			Thursday	Dec. 26 / 2019 & Jan. 2, Mar. 19 / 2020		
Tuesday	Dec. 24 & 31 / 2019 & Mar. 17 / 2020			Friday	Dec. 27 / 2019 & Jan. 3, Mar. 20, Apr. 10 / 2020		
Additional Cancellation Dates for Federal Election and Community Center Renovation/Maintenance etc.							
Programs marked (€) cancelled on (Fri., Oct. 11), (Sun., Oct. 13) & (Mon., Oct. 21), 2019 for Advance Poll and Federal Election.							
Programs marked (*) cancelled in December, 2019 due to flooring replacement.							
Ballroom Practice marked (#) cancelled on Friday, September 20, 2019 due to Rental Booking for Wedding.							
Table Tennis held on Wednesdays marked (#) cancelled on (Wed., Sep. 25, 2019) for Immunization Clinic.							
REMARKS:							
(1) Occupy South Hall only from 11 am to 12 pm.				(5) Programs held in North Hall on Mondays and Thursdays end early at 4 pm in September, 2019 (Table Tennis).			
(2) Refer to the Website for other conveners names.				(6) Occupy South Hall only on Wednesday, Sep. 25, 2019 (Tai Chi - Yang's Style and Line Dance Lesson - Level 1).			
(3) This is an occasional program.				(7) The exact Start Date will be announced on the MOTM-OAC Bulletin Board/Website.			
(4) Use Aaniin Older Adult Room from 10:30 to 11:30am.							
Programs with Supplied Fees or Instructional Fees (highlighted):							
Arts & Crafts, Badminton, Chinese Calligraphy, Classical Guitar Foundation, Healthy Chinese Cooking,				Please check with Convenors for the latest Supplied Fees			
Ballroom Dance Instructional, Line Dance Lessons, Tai Chi - Yang's Style, Yoga Class, Zumba,				Please check with Convenors for the latest Instructional Fees			

Any unscheduled cancellation dates due to unplanned events will be announced and posted on the MOTM-OAC Bulletin Board/Website accordingly.